



Coping with Pandemic Stress

A Free Virtual Workshop

Thursday, December 3 | 7 - 8:30 p.m.

Presented by the

IMHC South Suburban Mental Health Cluster

The Cluster exists to raise awareness, reduce stigma,
and increase access to services.

A workshop designed for all who are dealing with pandemic stress as well as those supporting them, including parents and guardians, community leaders, educators, and faith leaders of all religious faiths.

Registration required: bit.ly/PandemicStressWorkshop

Registration Deadline: November 30

Upon completing your registration, Zoom will send you a confirmation containing your link to attend the event.

Questions: bwilson@chicagopresbytery.org



Keynote Speaker:

Dr. Carla Stewart, NCC, LCPC, PEL:SC

**Chief Executive Officer, CLS Comprehensive Services, LLC,
Flossmoor, Illinois**

Breakout Facilitator:

Tara Gill, Ph.D.

Psychologist, Center for Childhood Resilience, Chicago, Illinois



Breakout Facilitator:

Carlette Scott, MA, LCPC/LPHA

Illinois Clinical Services Manager

National Youth Advocate Program, Inc., Matteson, Illinois



The Interfaith Mental Health Coalition (IMHC) is an alliance of mental health providers, public officials, faith leaders, and advocates in the Chicago metropolitan area.

www.interfaithmhc.org

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